

Role of 68Ga-PSMA PET/CT in Patients with Recurrent Prostate Cancer and its Comparison with Serum PSA Levels and Gleason Scores

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Abstract: Background: Biochemical recurrence is seen 27–53% in carcinoma prostate patient after treatment. GS (Gleason score) and baseline PSA level are predictor of recurrence. Post treatment persistent rising PSA level represent the recurrence and PSMA labelled PET-CT is important part of imaging workup in these patient.

Objective: To detect the relationship of PSA levels and Gleason score in patients investigated for Gallium-PSMA-11 fused molecular imaging in biochemical recurrent carcinoma prostate.

Material & Methods: This cross-sectional study was carried out at S.I.U.T Karachi. PSMA-PET/CT scan (September 2017-January 2022) of patient who had biochemical recurrence and not receiving any cancer specific treatment at least 4-week prior scan were included. PSA level from lab reports and GS from histopathological report were recorded. Biochemical recurrence were defined as when PSA level > 0.4 ng/ml (post prostatectomy) or >2.0 ng/ml higher than nadir value after radiotherapy. PET/CT scan of 106 included patients were interpreted by nuclear physician and radiologist team. SUVmax ≥ 2.5 considered positive for recurrence. Local recurrences, lymph nodal, osseous and visceral metastasis were documented. Statistical analysis was done by utilizing IBM SPSS software (version 22.0).

Results: In 88 of 106 patients (83%), Gallium-PSMA-11 PET/CT scan detected at least one lesion characteristic of recurrent PCa. The median PSA level was 12.1 (.01-892.0) ng/dl. In relating PSA value, it was noted that there was significant difference between lesion positive and negative PSMA-11 labelled Ga-68 PET/CT scan but not statically significant for GS. Local recurrences seen in 70 patients, whereas lymph node and osseous metastases were noted in 64 and 52 scans respectively. A PSA value 0.68 ng/ml was determined by utilizing ROC curve and with AUC of 0.924 (95% CI 0.86-0.98) and will likely predict the positive/negative PSMA-11 Gallium PET/CT scan.

Conclusion: Raised PSA level may predict possibility of positive Ga-PSMA-11 PET/CT scan but there was no relationship noted between GS and Ga-PSMA-11 PET/CT findings.

Keywords: PSMA-11 labelled Gallium PET/CT scan, Biochemical recurrent carcinoma prostate, Gleason score, PSA level, Non-metastatic prostate cancer, Metastases.

INTRODUCTION

Patients with non-metastatic prostate cancer are classified into low-, intermediate-, and high-risk groups based on baseline PSA (prostate-specific antigen) levels, Gleason score, and T stage. This risk stratification system predicts recurrence after local treatment, and the biochemical recurrence rate after 5 years was significantly higher in the high-risk category (>50%) than low-intermediate risk category (<50%) [1, 2]. Treatment option available for localized prostate cancer options are active surveillance, radical prostatectomy and/ or radiotherapy with/without hormonal therapy. In high risk group, localized treatment (radical prostatectomy/ radiotherapy) with adjuvant hormonal therapy is recommended [3].

Serum PSA is an important biomarker in primary diagnosis of prostate adenocarcinoma and also helpful in detection of

recurrent disease [4]. After radical prostatectomy / radiotherapy, patients are followed on PSA level and recurrence is suggested when its level is rising [5]. Serum PSA levels after radical prostatectomy should be undetectable (< 0.1 ng/mL), and levels > 0.1 ng/mL are markers of residual prostate cancer. However, after radiation therapy, PSA levels do not return to undetectable levels because there is residual normal prostate tissue [6]. Biochemical recurrence (BCR) occurs in 27–53% of patients after definitive local therapy [7]. It is defined as post prostatectomy PSA level ≥ 0.4 ng/ml or increase in PSA level >2 ng/ml higher than nadir value after radiotherapy [8, 9].

The sensitivity of rising PSA level is in detecting recurrence is high but it is not informative for localization of recurrent site which may either be the local or distant and affect the management [10]. PET/CT (choline/PSMA-based) helps to identify metastases missed by routine imaging studies (CECT

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and MDP-bone scan) leading to change of treatment plan in up to 62% of patients [11]. In comparison with choline based PET/CT Gallium-68 PSMA is an imaging modality that has been shown better results even at a very low serum PSA level in recurrent carcinoma prostate [12].

Prostate-specific membrane antigen (PSMA) is a transmembrane protein whose gene resides on chromosome 11p. Apart from prostate gland, it is also expressed in normal salivary gland, ileum and kidney [13]. PSMA is over expressed in malignant prostatic cells and research studies have demonstrated the detection capability of PSMA-11 labelled Gallium PET/CT is 96% in primary adenocarcinoma prostate and 71% in biochemical recurrence due to its overexpression in high grade metastatic, castration-resistant prostate cancer [14]. Till date limited number of studies with variation in result on PSMA labeled 68Ga PET/CT in biochemical recurrent prostate adenocarcinoma were done with small sample size, this need validation. The aim of study was to detect the relationship of PSA levels and Gleason score in patients investigated for Gallium-PSMA-11 fused molecular imaging in biochemical recurrent carcinoma prostate.

MATERIALS AND METHODS

This analytical cross-sectional study was carried out at the molecular imaging section of nuclear medicine department, S.I.U.T Karachi. After approval from ethical review committee (approval no: SIUT-ERC-2022/A-285) medical record of those patients who were scanned for PSMA-11 labelled Gallium PET/CT from September 2017-January 2022 were reviewed.

PSA level were recorded and Gleason score were recorded in data sheet from laboratory report and histopathological report respectively. Inclusion criteria includes histopathological proven adenocarcinoma prostate, post prostatectomy PSA level > 0.4 ng/ml or >2.0 ng/ml higher than nadir value after radiotherapy, not receiving any systemic therapy (chemo/hormonal) at least 4-week prior scan. Known metastatic adenocarcinoma prostate patients, on systemic therapy (chemo/hormonal), Follow up patient with post prostatectomy PSA level < 0.4 ng/ml stable nadir PSA level after radiotherapy. Out of 495 patients who undergone for PSMA-11 Gallium PET/CT scans, 106 patients were fulfilled these criteria. Eluted 68-Ga from 68Ge/68Ga generator was labelled with PSMA-11 (prostate specific antigen) in a semi-automated module with the help of good manufactured practice-grade cassettes and reagent kits (ABX GmbH).

Radiopharmaceutical 68Ga-PSMA was injected through intravenous route according patient body weight. 50-70min after injection, low dose plain computed tomogram was performed including head-thigh region with a slice thickness of 3mm, 120KeV and 50-100mAs on a dedicated PET/CT

scanner machine (Philips Gemini TF PET-CT 64-slice) followed by the three dimensional whole body PET scan with 2 minutes per bed position for (7-9 beds). An attenuation map is derived from the transmission images data for the attenuation correction of emission images. After the reconstruction of PET images using the iterative reconstruction PET images, CT images and fused PET/CT images were viewed and reported using a Philips Fusion Viewer.

PET/CT scans of included patients, interpreted by radiologist and nuclear physician team. Maximum standard uptake value ≥ 2.5 were considered significant and interpreted as positive for recurrence. The lesions were documented as local recurrences, lymph node, osseous and other visceral metastasis. Visual interpretation and SUVmax were the criteria used for the diagnosis.

STATISTICAL ANALYSIS

Data were analyzed by applying statistical methods utilizing IBM SPSS software (version 22.0). Mann Whitney U statistical test was used, to detect the statistical significant relationship between PSA levels and positive / negative PET/CT scan. Receiver operating characteristics (ROC) curves was used to compare the performance of PSMA-11 labelled PET/CT scan with triggered PSA levels by plotting sensitivity Vs 1-specificity. Similarly, Chi-square test was used to compare the findings of 68Ga PSMA-11 /PET-CT in relation of Gleason Scores. P-value < 0.05 were assumed as statistically significant.

RESULTS

In our study, in 88 (83%) out of 106 patients had at least one lesion with high SUV max > 2.5 detected in PSMA labelled Gallium PET/CT scan in either local, lymph node or in bone. All the lesions with high SUV max >2.5 detected by PSMA-11 labelled Gallium PET/CT scan were considered as pathological. Local recurrence was the most common isolated recurrent site seen in 20 (22%) followed by isolated osseous metastasis seen in the 9 (10 %). Isolated lymph node recurrence was the least frequent site detected in only 5 (5.7%) patients. We have noted that if local recurrence is seen there is more chance of metastasis in lymph nodes/ and bone as evident in our result that in 50 (57%) patients, metastasis seen in lymph nodes and bone along with local recurrence (Table 1).

Table 1. Location of Lesions in 68Ga-PSMA PET/CT.

Region of Recurrence	No of Patients (%)
Isolated Local	20 (22.0)
Isolated Bone	09 (10.0)
Isolated lymph node	05 (5.7)
Local + Lymph node	11 (12.5)
Local + Bone	10 (11.4)
Lymph node + Bone	04 (4.5)
Local + Lymph node+ Bone	29 (34.0)
Total	88/106

Table 2. Result of Gallium-PSMA-11 PET/CT Scan in Relation to tPSA Level.

tPSA level < 1.00 ng/ml		tPSA level 1.00-10.0 ng/ml		tPSA level >10.0-30.0 ng/ml		tPSA level > 30.0 ng/ml	
PET/CT Positive scan	PET/CT Negative scan	PET/CT Positive scan	PET/CT Negative scan	PET/CT Positive scan	PET/CT Negative scan	PET/CT Positive scan	PET/CT Negative scan
07/18 (39%)	11/18 (61%)	24/30 (80%)	06/30 (20%)	25/26 (96%)	01/26 (4%)	32/32 100%	00/32 00%

Table 3. Serum PSA Cut-off Value in Local Recurrence, Lymph Node and Bone Metastases.

	N (Recurrence +)	PSA Cut Off Value (ng/ml)	Sensitivity	Specificity	Area Under Curve (AUC)	95% CI
Overall study cohortt	88	0.68	95.50%	72.10%	0.924	0.86-0.98
Local Recurrence	70	1.27	97.32%	83.30%	0.938	0.88-0.993
Lymph Node Metastases	49	0.63	98%	88%	0.94	0.88-0.944
Bony Metastases	52	2.5	94.60%	89.40%	0.974	0.99-1.00

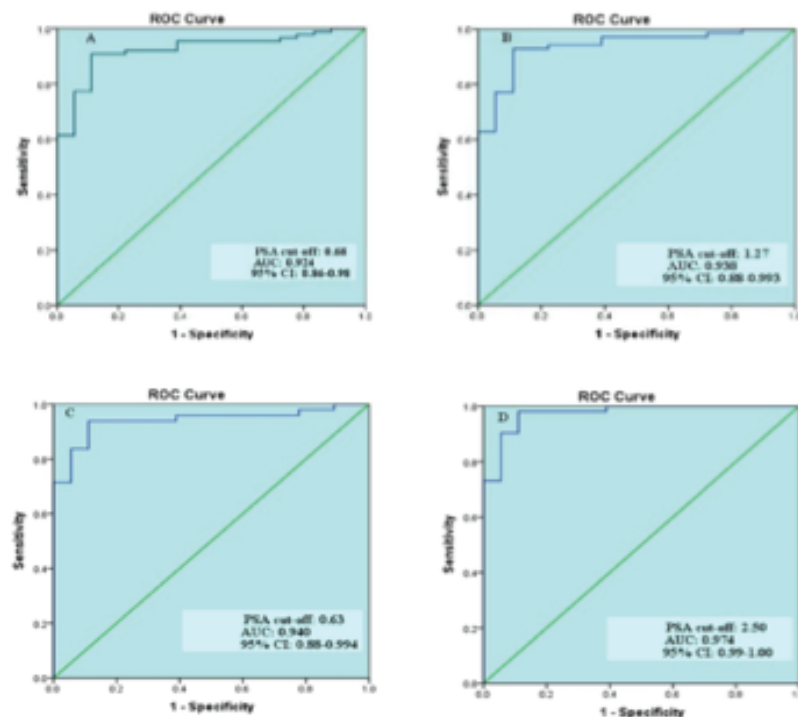


Fig 1 Optimal cut-off value of serum total PSA for distinguishing between positive and negative 68GaPSMA PET/CT images **A)** Optimal cut-off value of serum total PSA for distinguishing between positive and negative 68GaPSMA PET/CT images. **B)** Optimal cut-off value of serum total PSA for distinguishing positive or negative local recurrence in patients with 68Ga-PSMA PET/CT images. **C)** Optimal cut-off value of serum total serum PSA for distinguishing positive or negative lymph node metastases in patients with 68Ga-PSMA PET/CT images. **D)** Optimal cut-off value of serum total serum PSA for distinguishing positive or negative bony metastases in patients with 68Ga-PSMA PET/CT images.

Fig. (1). Optimal cut-off value of serum total PSA for distinguishing between positive and negative 68GaPSMA PET/CT.

We have interpreted the result of PSMA-11 Gallium-68 PET/CT scan in relation to total serum PSA level and it was noted that when PSA level is below 1.00 ng/ml there were 7 (39%) out of 18 patients had recurrent positive PSMA-11 Gallium-68 PET-CT scan and 11 (61%) recurrence negative scan. As PSA level is increased there is more chance of recurrent positive PET-CT scan as shown in our result 32 patients had PSA value more than 30.0 ng/ml and all had recurrent positive PET-CT scan (Table 2).

The median PSA value was calculated as 12.1 (IQR 39.42-3.38) ng/dl. In relating PSA value, Mann-Whitney U test was used and it was noted that there was significant difference between lesion positive (Z 5.56; $p = 0.001$), [PSA level; mean 71.4 ± 163 , median 17.4 (IQR 46.65-6.97ng/dl) and negative [mean 1.56 ± 2.74 , median 0.46 (IQR 1.55-0.19) ng/dl] PSMA-11 labelled Gallium PET/CT scan.

A PSA value 0.68 ng/ml was determined by utilizing receiver operating characteristic curve and with AUC of 0.924 (95% CI 0.86-0.98 and this PSA cut-off value will likely predict the positive and negative PSMA-11 Gallium PET/CT scan as mentioned in Table 3 and Fig. (1). Further PSA cut off values were also calculated for each recurrent group (local recurrence, lymph nodes, bone metastasis). We noted local recurrence in 70 patients, lymph nodes metastasis in 49 patients and bone metastasis in 52 patients however no isolated visceral metastasis was detected in current study.

68Ga-PSMA-11 PET/CT findings were also evaluated according to Gleason Scores. 9/13 (69%) patient with Gleason score 5-6 had positive PET-CT scan whereas 13/35 (37%) with Gleason score of 7. We noted highest percentage of positive scan 47/58 (81%) of Gleason score ≥ 8 . However, in terms of Gleason score no statistical significance was seen between positive and negative PSMA-11 labelled Gallium PET/CT scan ($\chi^2 = 1.086$; $p = 0.581$).

DISCUSSION

In the detection of recurrent focus in carcinoma prostate, choline-based hybrid imaging is commonly used but less sensitive and specific at serum PSA levels <1 ng/ml and low GS score ≤ 7 . Gallium-PSMA-11 PET-CT, a targeted functional fused imaging modality likely provide superior result for detecting recurrent PC [15]. Expected end result of this study was to elucidate the role of PSMA labelled Gallium PET-CT using serum PSA level and GS in diagnosis of recurrent PC in patients who received different treatments at baseline. To date, effectiveness of PSMA-11 labelled Gallium PET-CT has been explored by limited research studies in recurrent PC patients. Ceci *et al.* investigated the outcome of PSMA-11 labelled Gallium PET-CT in 70 patients had recurrent PC after radical treatment [16]. They reported statistical

significance in PET/CT positive vs negative scan in relation of PSA level [median PSA; 2.6 vs 0.7ng/ml, doubling time; median 4.74 vs 8.95 months]. Nevertheless, they also determined a PSA value 0.83ng/ml with an AUC of 0.868, to predict positive and negative PET-CT scan. In addition, they reported lesion detection rate as 93% for their study at PSA cut-off value >2 ng/ml. We found serum PSA cut-off 0.68 ng/dl in our study group to speculate positive / negative PSMA-11 scan.

Eiber *et al.* noted detection efficiency of PSMA-Gallium fused molecular imaging 96.8% in recurrent prostatic carcinoma at PSA levels ≥ 2 ng/ml [17]. Our results are also comparable with this study as we determined 92% detection rate at PSA levels ≥ 1.00 ng/ml but it was lower at 39% for PSA levels <1.00 ng/ml. The resulting variation in low PSA levels (<1.00 ng/ml) may be due to the heterogeneity of treatment received in our study group while all patients in the Eiber *et al* study underwent radical prostatectomy only.

Yasmin *et al.* evaluated the relationship among PSA level, Gleason score and Ga68-PSMA PET-CT scan findings in patients with recurrent PC [18]. They included 109 patients in their study and found statistical significance in positive and negative 68Ga-PSMA-11 molecular imaging /CT results in relation to serum PSA levels (median 9.14- versus 0.36ng/ml) and cut-off value was 0.67ng/ml with AUC 0.952 (95% CI 0.911-0.993). In our study, cut-off value for serum PSA level is 0.68 ng/dl which is comparable to the result of Yasmin *et al.* We further calculated the PSA cut off values for each recurrent group (local recurrence, lymph nodes, bone metastasis) which were 1.27, 0.63 and 2.50 respectively.

Afshar-Oremieh *et al.* investigated 319 patients who were suspected of progressive disease in alternative imaging modalities such as CT / MRI and were scanned for 68Ga-PSMA-11 PET/CT having very low levels of serum PSA. They calculated the median for PSA values in 264 patients as 6.02ng/ml. Although the median calculated for the serum PSA levels in our study (12.1 ng/dl) is higher as compared to the above mentioned studies but the optimal cut-off value and detection rate were comparable.

Current imaging methods are limited for assessing lymph nodes metastasis in recurrent disease. Pelvic lymph nodes dissection followed by histopathology is optimal method for the evaluation of nodal metastasis, but it has limited role in recurrence setting [19, 20]. Though, Computed tomography (CT) has low sensitivity (40%) and limited efficacy to detect the nodal disease in prostate cancer but most frequently advised imaging modality in oncological practice for nodal staging [21, 22]. In this study, we detected lymph nodes metastases in 55 patients and the cut-off value limited to isolated nodal metastases in ROC analysis was 0.63ng/dl.

Despite these findings, the diagnostic capability of PSMA-11 Ga-68 PET-CT has been challenged by Budaus *et al.* in searching for lymph node metastases in PC. In their study, the author compared between 68Ga-PSMA PET/CT findings and histological workup after RP in high-risk PC. They observed patients with nodal metastases and found that 33.3% of patients were true positive while 66.7% were false negative [23]. They also determined the sensitivity and specificity of 68Ga-PSMA PET/CT in detecting nodal metastases and were found sensitivity (33.3%) and specificity (100%). Furthermore, the median size of lymph node was 13.6 vs 4.3 mm ($p < 0.005$) for 68Ga-PSMA PET/CT detected vs undetected lymph node metastases.

Although, after bone, pulmonary metastasis is the second most frequent site for metastasis in PC but in our data we did not find lung metastasis even in a single patient. Visceral metastasis was found in only four patients. Meanwhile, isolated visceral metastasis was not seen in this study. All the lesions detected by PSMA-11 Ga-68 PET-CT scan in relation of visceral metastasis were considered as pathological.

It is noted that PSMA expression is directly proportional to the metastatic state, tumour aggressiveness and disease recurrence [24]. With the recent advancements, Gleason Score has chosen to be the most reliable histological tool to predict the prognosis of PC in patients who underwent radical treatment. Eiber *et al.* reported in their study that, 68Ga-PSMA PET/CT detection rate was 86.7% at $GS \leq 7$ conversely it is increased to 96.8% at $GS > 7$. In contrast, Ceci *et al.* not found significant association between GS and positive 68Ga-PSMA PET/CT results using multivariate analysis. Similarly, Yasmin *et al.* could not found statistical difference between these parameters. Similarly, in these two studies, we noted no significant statistical difference with 68Ga-PSMA PET/CT positive results in relation of GS. These results may be due to the limited number of data and need to be investigated in a larger group of patients.

We have some limitations in current study. First, none of the lesions detected on PET/CT images were further evaluated by any type of surgery or biopsy so the histopathological evidence of the positive lesions could not be known. Second, this study has limited data specifically for isolated lymph nodes and bone metastases. Third, significant number of patients were from other hospital for PSMA imaging so parameters such as PSA kinetics (PSA doubling time or PSA density) were difficult to measure due to the retrospective nature of the study. The strength of this study is that it was a single centre study that is specialized in Ga-68-PSMA PET-CT imaging in its area and has extensive experience in PET-CT imaging.

CONCLUSION

PSMA-11 Gallium PET/CT scan showed encouraging outcomes in biochemical recurrent carcinoma prostate imaging. Serum PSA level may predict possibility of positive PSMA-11 Gallium fused PET/CT scan but there was no relationship noted between gleason score and Ga-PSMA-11 PET/CT findings. This result also predicts that in near future PSMA targeted immunotherapy may be a potential role in prostate cancer management.

LIST OF ABBREVIATIONS

68-Ga: Gallium-68.

PSMA: Prostate specific membrane antigen.

PET: Positron emission tomography.

CT: Computed tomography.

PCa: Prostate carcinoma.

PSA: Prostate specific antigen.

GS: Gleason score.

AUTHORS' CONTRIBUTION

All authors' contributed equally.

CONFLICT OF INTEREST

Declared none.

ACKNOWLEDGEMENTS

Declared none.

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